

THE BREAKWALL

JUNE 2011

USCGC HALIBUT (WPB-87340)

Newsletter

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CGC HALIBUT conducting boardings
around Catalina Island, Ca.

Image by: SN Chad Phillips

Greetings

Friends,

Greetings. The weather has been great, and we have been busy! I've closed out my last month here. I'll be transferring to the University of Tampa to obtain a Master's Degree in Business with a follow on tour probably at Coast Guard Headquarters in 2013. I've had the best time of my life commanding this ship. I hate to leave but can't wait to start the next chapter in my life. I'll have a daughter coming into the world this August which I'm sure will keep me busy. If anyone ever needs to contact me, I can be reached at cwparis@gmail.com. Otherwise, I thank you all for remaining diligent BREAKWALL readers and for all the help in promulgating it out to other units and people. Have a look inside and enjoy!

Best Regards,

LT Charles Paris

**LIFE JACKETS
SAVE LIVES**



HALIBUT Morale



CGC HALIBUT'S Morale Fund contributes directly to the Morale, Wellness, and Recreation (MWR) of the crew. Unit ball caps and T-Shirt sales contribute directly to this fund. If anyone is interested in supporting the morale program with either a private donation or through hat & t-shirt sales, please contact:

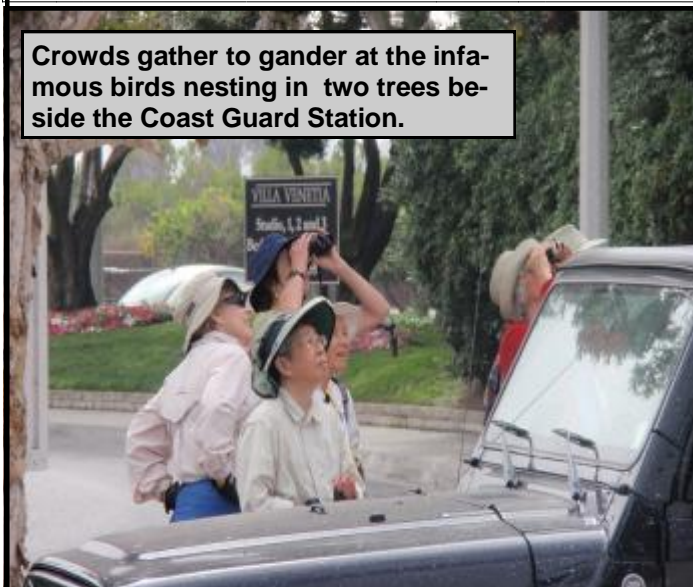
Stewart.L.Sibert@uscg.mil

SEE BACK PAGE FOR ORDER



MK2 Carpio checks out his groupings after a day on the range.

Crowds gather to gander at the infamous birds nesting in two trees beside the Coast Guard Station.



THE BREAKWALL

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Marina Del Rey, CA 90292
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Crew Departure and Arrival



Young FN Colson,
fresh from Cape May!



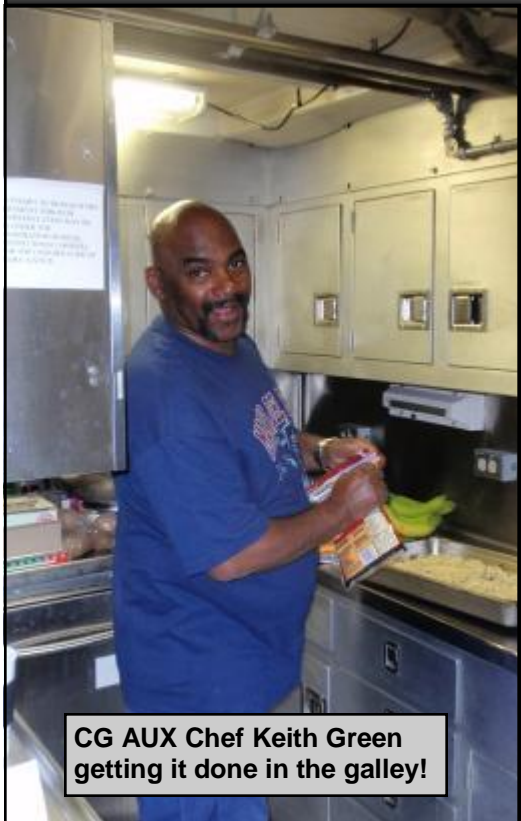
FN Colson departed HALIBUT June 13 after two years of outstanding service. He will be reporting to OS A-School on July 5, and we wish him the best of luck!



FS2 Brandon Langdon joined us on June 20. Originally from Middletown, RI, FS2 Langdon first joined the Coast Guard in 2007. He has previously served on the CGC Kukui in Honolulu and the CGC Tornado in Pascagoula, MS. He comes ready to serve the HALIBUT with the best he has to offer!



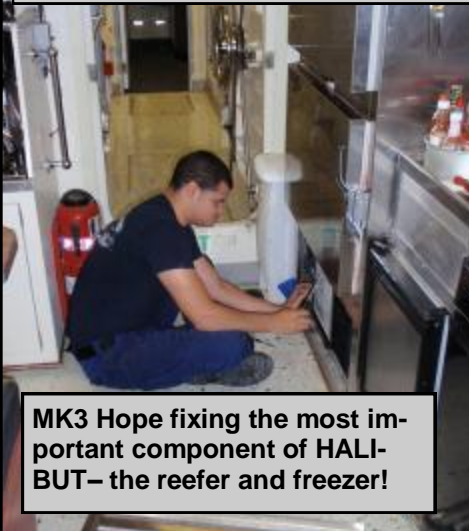
Monthly Activities



CG AUX Chef Keith Green getting it done in the galley!



BM2 Gerzi, MK2 Carpio, and MK3 Hope conducting boardings in the small boat off the coast of Catalina Island. Photo by SN Phillips



MK3 Hope fixing the most important component of HALI-BUT- the reefer and freezer!



Soon.....

Chive on!



MKC Owens supervising the removal of one of the generators.



The small boat crew returns after a day of boardings off the coast of Catalina Island.

More Monthly Activities

On June 24, the HALIBUT hosted a dependent's cruise for the family members of the HALIBUT's crew. The crew and their families spent the day on Catalina Island, and was enjoyed by everyone.



SN Phillips conducting cutter emergency drills underway.



SN Phillips relieves some stress by tearing apart an old paint float...



...It looked like fun, so LT Paris decided to take a turn!



BM2 Gerzi and MK2 Carpio gear up for a day on the range.



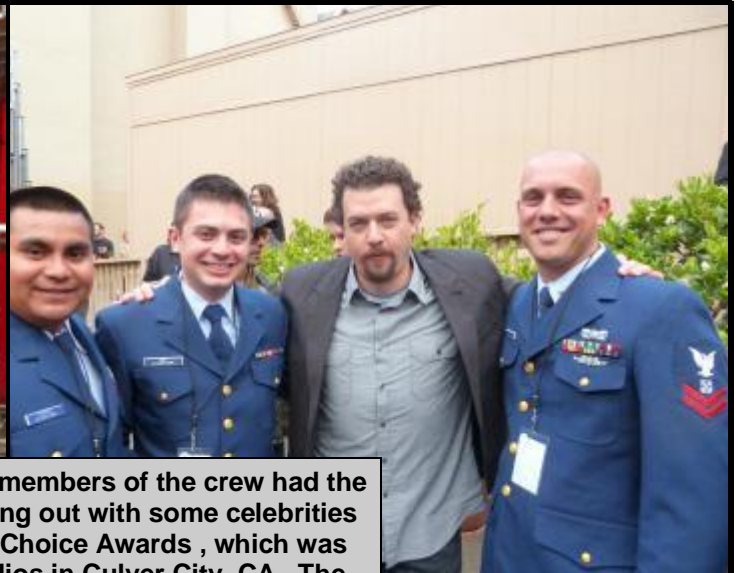
MK3 Hope explaining to the crew what really happened.



FS2 Langdon checking out his future yacht cruising down the channel.



2011 Spike Guys Choice Awards



On June 4, a few members of the crew had the opportunity to hang out with some celebrities at the 2011 Guys Choice Awards, which was held at Sony Studios in Culver City, CA. These are just a few of the many celebrities that stopped by to say hi.



FS2 Langdon's Recipe of the Month

Cooking the Coast Guard Way

SURF & TURF: FLANK STEAK AND CRAB LEGS

What you will need:

8 x 1 LB FLANK STEAKS
 12 LBS DUNGENESS OR KING CRAB LEGS
 3 ORANGES
 3 BELL PEPPERS
 (RED, GREEN AND YELLOW)
 1 LARGE RED ONION
 1 LARGE SWEET VIDALIA ONION
 3 GALLONS OF WATER
 1 CUP MINCED GARLIC
 3 BAY LEAVES
 1 CUP SHERRY COOKING WINE
 ½ CUP GARLIC POWDER
 ½ CUP ONION POWDER
 2 CUPS CREOLE/CAJUN SEASONINGS

THE MARINADE

DRY SEASONINGS:

LAWRYS SEASON SALT, ½ cup
 CINNAMON, 1 tbsp
 GARLIC POWDER, ½ cup
 SEASAME SEEDS, ¼ cup
 BROWN SUGAR, ½ cup

WET SEASONINGS:

WORSCHESTER SAUCE, 1 cup
 HONEY, ¼ cup
 A-1 STEAK SAUCE, 1 cup
 TERIYAKI SAUCE, ½ cup
 YELLOW MUSTARD, ¼ cup
 SHERRY COOKING WINE, ¼ cup

Directions:

Steak

Place thawed out steaks in a full shallow cooking pan . Combine dry seasonings in one bowl and wet seasoning in another, and coat both sides of steak with dry seasons. Rub dry seasonings into steak.

Take the wet seasonings and pour it over the steaks, making sure to coat the steaks evenly. Cover pan in aluminum foil and set aside. Let steak marinade at least an hour; overnight is better.

Turn grill on high. Once the temperature reaches between 450-500 degrees place steaks on grill cook for 7 minutes on both sides , making sure to only flip the steak once.

Place grilled steaks in a clean pan, cover with plastic wrap then aluminum foil and put in a 375 degree oven (the plastic wrap will not melt if fully covered by the aluminum foil). The plastic wrap keeps the moisture in helping the steak remain tender.

Cook in oven for 10-15 minutes depending on how you like your steak cooked. Take steak out of oven and let it rest for 10 minutes. This keeps all the juices and flavor in. Take steak out of pan and cut against the grain making half inch pieces, serve with crab legs for a tasty Surf & Turf meal.

Crab Legs

Cut oranges in half, squeeze the juice into cooking pot, and add the oranges to the pot.

Chop onions and peppers into big chunks and add them into the pot.

Combine the rest of the ingredients in the pot, and bring to a boil.

Once boiling, add crab legs and cook for 15 minutes. Serve with melted butter.





HALIBUT Morale ORDER



Official USCGC HALIBUT Crew T-Shirts

No. of each Size ____XXL ____XL ____L ____M

No. of T shirts ____ @ \$20 each = \$ ____



Official USCGC HALIBUT Unit Ball Caps

No. Ball Caps ____ @ \$15 each = \$ ____

HALIBUT Crew Hooded Pullover Sweatshirt

No. of each Size ____XXL ____XL ____L ____M

No. of Sweatshirts ____ @ \$40 each = \$ ____

Donation to Morale Fund \$ ____

Please Add \$8.95 for shipping on all orders Make checks payable to

SECTOR LA/LB MORALE ATTN: HALIBUT

ORDER TOTAL

\$ ____

**Please send this order
form & checks to:**

**HALIBUT MORALE
13871 Fiji Way
Marina Del Rey, CA 90292**

Questions? 310.823.2300

Stewart.L.Sibert@uscg.mil

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